



TETRA SPORTS AND FITNESS

☎ 07515558862 / ✉ admin@tetrasports.co.uk / 🌐 www.tetrasports.co.uk

Tetra Sports and Fitness After School Club & Holiday Camps

Children's Behaviour Policy

Tetra Sports and Fitness recognises our responsibility to support, understand and managing children's behaviour in an appropriate way.

Tetra Sports and Fitness uses effective behaviour management strategies to promote the welfare, enjoyment and safety of children attending the Club.

Working in partnership with parents/carers, we aim to support children's behaviour using clear, consistent and positive strategies and with adults modelling positive behaviour. We recognise that supporting behaviour isn't a universal approach and that we must develop strategies of support appropriate to each child, whilst balancing and maintaining the safety and enjoyment of all children who attend.

Whilst at Tetra Sports and Fitness we will support children to:

- Use socially acceptable behaviour
- Respect one another, accepting differences of race, gender, ability, age and religion
- Develop their independence through self-discipline
- Choose and participate in a variety of activities
- Ask for help if needed
- Enjoy their time at the Club

Encouraging positive behaviour

At Tetra Sports and Fitness positive behaviour is encouraged by:

- Staff acting as positive role models
- Praising appropriate behaviour
- Sticker rewards/certificates
- Informing parents/carers about individual achievements
- Offering a variety of play opportunities to meet the needs of children attending the Club



TETRA SPORTS AND FITNESS

☎ 07515558862 / ✉ admin@tetrasports.co.uk / 🌐 www.tetrasports.co.uk

Dealing with inappropriate behaviour

It is inevitable that as children develop and learn, there are times when they need support and guidance to understand that their behaviour is not acceptable. Staff at the Club will try to determine the cause or triggers of the inappropriate behaviour and work to support the child and make any necessary changes where possible to prevent the situation from recurring

- Unacceptable behaviour will be addressed in a calm, clear and positive manner.
- In the first instance, staff will remind the child that their behaviour is not acceptable
- Staff will engage in a private discussion with the child about why the behaviour displayed is deemed inappropriate.
- Staff will give the child an opportunity to explain their behaviour to help prevent a recurrence.
- Staff will encourage and facilitate mediation between children to try to resolve conflicts through discussion and negotiation
- If the inappropriate behaviour appears to be as a result of boredom, staff will consult with the child to find activities that more fully engage them and reflect on the environment, set up and suitability of play opportunities
- Staff will consult with parents/carers to formulate clear strategies for dealing with persistent inappropriate behaviour
- Staff will seek support wherever necessary from a child's class teacher or other professional known to the family
- No staff member will ever threaten any punishment that could adversely affect a child's well-being (eg withdrawal of food or drink)
- Staff will always promote the dignity of, and respect for, the child in handling behaviour incidences

If after consultation with parents and the implementation of behaviour management strategies, a child continues to display inappropriate behaviour that poses a risk to themselves, staff or other children or property, the Club may decide to exclude the child in accordance with our Suspensions and Exclusions policy. The reasons and processes involved will be clearly explained to the child wherever appropriate and in line with the parent's wishes



TETRA SPORTS AND FITNESS

☎ 07515558862 / ✉ admin@tetrasports.co.uk / 🌐 www.tetrasports.co.uk

Physical intervention

Physical intervention will only be used as a last resort, when staff believe that action is necessary to prevent injury to the child or others, or to prevent significant damage to equipment or property. If a member of staff has to physically restrain a child, the manager will be notified, and an Incident record will be completed. The incident will be discussed with the parent or carer on the same day, or as soon as possible.

If staff are not confident about their ability to contain a situation, they should call the manager or, in extreme cases, the police.

All serious incidents will be recorded on an Incident record under the child on Magicbooking. This may be used to build a pattern of behaviour which may indicate an underlying cause. If a pattern of incidents indicates possible abuse, we will implement child protection procedures in accordance with our Safeguarding policy.

Corporal punishment

Corporal punishment or the threat of corporal punishment will *never* be used by anyone at Tetra Sports and Fitness.

We will take all reasonable steps to ensure that no child who attends our Club receives corporal punishment from any person who cares for or is in regular contact with the child, or from any other person on our premises.

This policy was adopted by: Tetra Sports and Fitness	Date: 01/09/2025
To be reviewed: 01/09/2026	Signed: NEIL MALES – Owner/DSP
DOC REF: BEHpol2526V1	

Written in accordance with the *Statutory Framework for the Early Years Foundation Stage (2024): Safeguarding and Welfare Requirements: Organising premises for confidentiality and safeguarding [3.73] Information and Record Keeping [3.78], Information for Parents and Carers [3.83]*