



**TETRA SPORTS AND FITNESS  
HOLIDAY CAMP INFO & SCHEDULE**



TSF Holiday Camps run during school holidays, Monday-Friday  
(excluding Bank Holiday Mondays) from 8:30am – 3:30pm

Our camps are for all children aged from Nursery upwards. We are a fully inclusive club and welcome children regardless of ability, diagnosis, SEND etc. We can provide 1-1 SEND support if needed, please contact us to discuss prior to booking.

We run Football and Multiactivity camps concurrently which children can choose and go between as they wish. We have a wide range of activities available including sports (tennis/dodgeball/tag rugby//basketball/American football/table tennis/football/archery/axe throwing), arts & crafts, cooking, tournaments, competitions, movie afternoons, retro console and lots more!

**General daily timetable:**

8:30-9:00am – Arrival, welcome, rules, toilets etc  
9:00am – register for all groups  
9:00-10:30am – games/activities/free play  
10:30am – morning snack time  
10:50am – Team games/outdoor play  
12:00pm – Lunch time  
13:15pm - games/activities/free play  
2:45pm – whole group game/quiz/dancing etc  
3:30pm – Home time

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